



iPRACTICE

Internships & Management
by **ITEM**
BUSINESS SOLUTIONS

Flexibility to meet all your business or institution's needs.



www.ipracticeinternships.com



OUR SERVICES

i INTERNSHIP MANAGEMENT

T TEACHING & FORMATION

E EVENTS MANAGEMENT

M MARKETING & WEB SOLUTION

iPRACTICE INTERNSHIPS

Born in 2015 with our iPractice Costa Brava brand, specialized in the management of internships in TOURISM & HoReCa in hotels and tourist complexes throughout the Costa Brava area.

Recently and after more than 10 years growing in professionals, we have developed a GLOBAL SERVICE in the management of practices at ALL LEVELS, including ERASMUS and ERASMUS+ projects throughout the territory.

We are now iPractice Internships!!!

As ITEM Business Solutions we also provide services in **Event Management, Teaching and Digital Marketing**



iPRACTICE INTERNSHIPS



We were born with the aim of reaching the highest level of **quality and exclusivity**.

We grow with the idea of transversality and transparency and education in **values**.

With an office in Calella, we established ourselves with the main objective of being able to give internships to EU schools in the best possible hotels and restaurant businesses in **Catalonia**.

Since 2022 we have been developing projects in the **Netherlands and the Atlantic Coast of Mexico**

WHAT IS OUR SERVICE?

Research, selection of candidates and managing all processes for the offered places of practices and internships in different companies

Our main Goals are Personal and professional development, Career planners, to offer a Life Experience.

a life



ABOUT US



OUR CEO & FOUNDER: JOSEP TORRENT

- A professional with more than 20 years of experience in Hospitality, Tourism, Events and HR services.
- Specialist in talent management, mentoring and education.
- Teacher and tutor in TOURISM and BUSINESS schools in Barcelona developing various educational projects.
- Participation in seminars in collaboration with European universities.
- Management and musical design for Events, Professional Speaker.

BECAUSE IS ALL ABOUT TRUST..



Students

+1100



Hotels & Resorts

+35



Schools

+50

YOUR PRACTICES IN AN AMAZING AREA



- Costa Brava
- Costa Daurada
- Barcelona



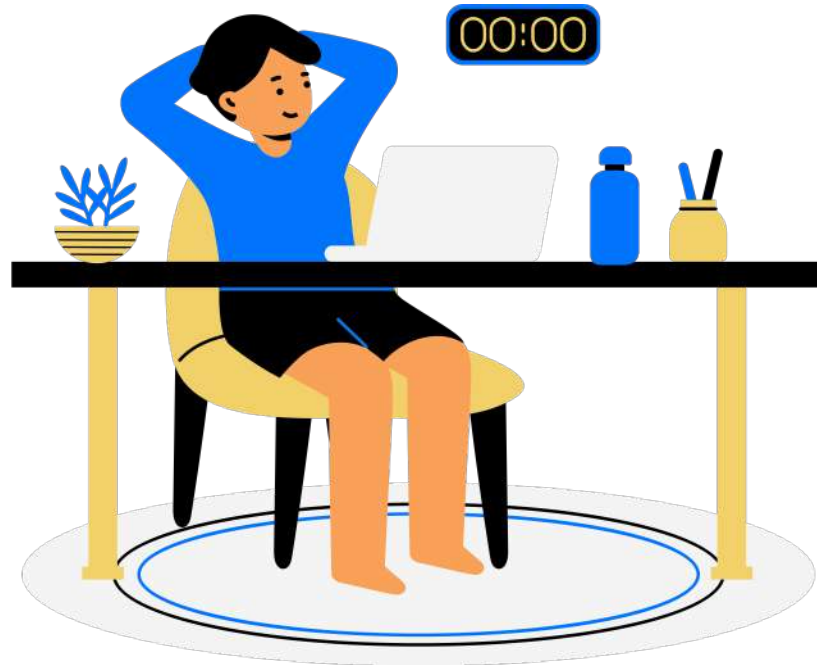
BARCELONA & COSTA BRAVA



TOURISTS

+10 MILLIONS





Why iPractice Internships?



01

Because we care and we love to do a good job.

02

Because we are specialists with more than 10 years experience

03

Because we know your needs and all parts protocols

04

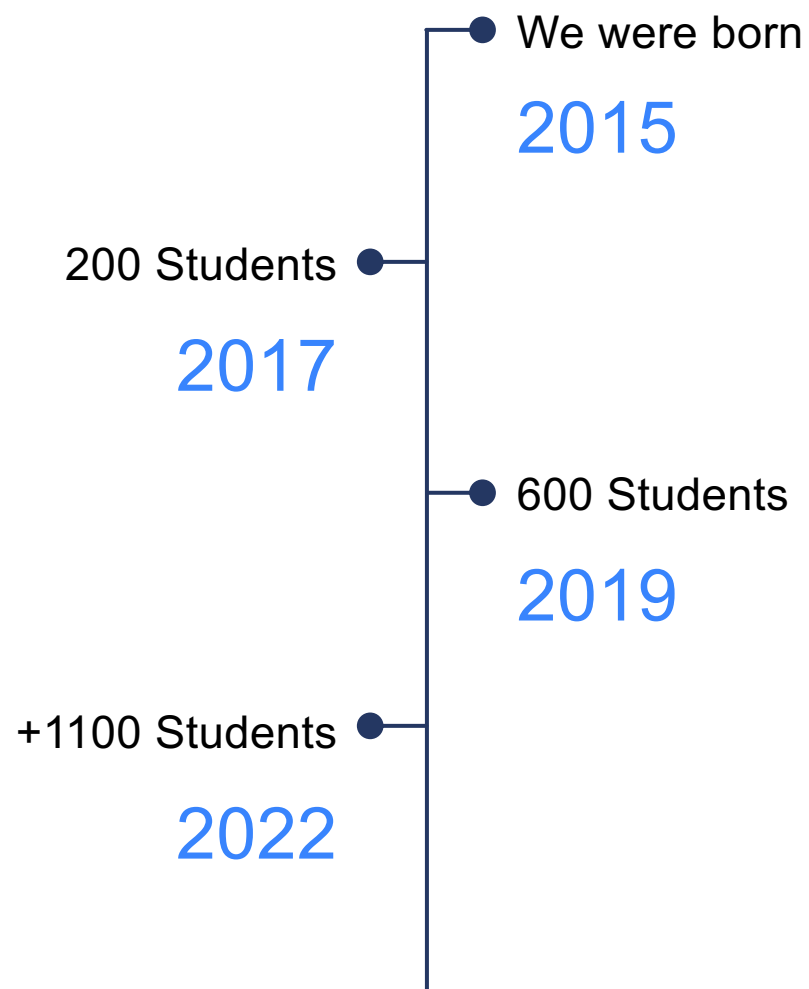
Because we know how to handle issues and find the best solution

INTERNATIONAL COOPERATIONS



International Cooperations

- LATVIA
- ESTONIA
- LITHUANIA
- NETHERLANDS
- CZECH REPUBLIC
- RUSSIA
- POLAND
- MARROC
- MEXICO...



SCHOOLS AND UNIVERSITIES



HOTEL & TOURISM
BUSINESS SCHOOL





BENEFITS FOR STUDENTS

Projects at Hotels, Resorts & HoReCa

- Working shifts of 40h a week, 2 free days a week in 85% of placements
- Pocket money minimum 300€ per month, depending on each hotel's policy
- Training and personal coaching at the workplace
- A guaranteed place for practices for the whole period.
- Registration into the Spanish Social Security.
- Legal agreement.
- 3 free meals per day.
- Free accommodation.



OUR SERVICES

FREE SERVICE PACKAGE

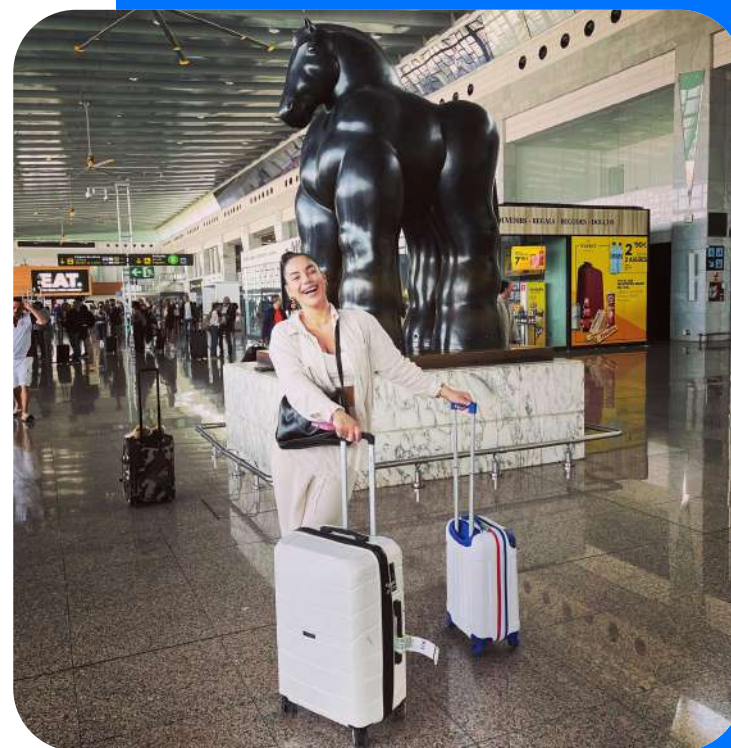
- ✓ Human Selection process & Managing of documents.
- ✓ Preparation of the NIE and Social security documents: Cost of NIE: 40€ including TAX and our transportation costs.
- ✓ Welcoming at the airport and free transfer on the days and times indicated by iPractice in groups of at least 5 persons.
- ✓ Personal introduction to the management.
- ✓ 24h availability Telephonic assistance for medical emergencies.
- ✓ SICKNESES: Sending to the doctor without transport or Sending a doctor to your room/living place
- ✓ Phone or Whatsapp available Monday to Friday from 10 to 19h for not urgent matters.
- ✓ FREE shared transfer back to airport for groups of at least 4 people.



This service is FREE OF CHARGE when the student accomplish 100% the terms and period established in the agreement.

V.I.P. SERVICE PACKAGE

- ✓ Human Selection process & Managing of documents.
- ✓ Preparation of the NIE and Social security number:
Transport costs and taxes INCLUDED!
- ✓ Welcoming at the airport and free transfer any day (flights arriving between 8h to 23h).
- ✓ Personal introduction to the management
- ✓ Minimum 4 visits in total during practices.
- ✓ 24h availability Telephonic assistance for medical emergencies.
- ✓ SICKNESES: Driving to the medical center or Sending a private doctor to your room/living place (EHIC or insurance needed).
- ✓ Phone or WhatsApp available 24/7.
- ✓ Personal coaching.
- ✓ Transfer back to airport included (group or individual).
- ✓ PRICE 250€ + 21% vat



This service DOES NOT EXCLUDE the student to accomplish the whole Project signed by all parts



ADDITIONAL SERVICES AVAILABLE

- ✓ Private transfers & Excursions.
- ✓ Lectures in Spanish and Catalan language
- ✓ Lectures in Coaching, Management, HR, Emotional intelligence, Customer Relation Management, Sales. Official Diploma given.
- ✓ N.I.E. and S.S. numbers if you're not choosing our practice placements.
- ✓ Personal coaching.



Departments where to "iPractice"



Hotels & Resorts
Restaurants
Tourism Sector



**FRONT OFFICE: RECEPTION –
RESERVATIONS.**



**FOOD AND BEVERAGE: BAR,
CAFETERIA, KITCHEN AND
BUFFET-RESTAURANT.**



**ANIMATION: GENERAL
ENTERTAINMENT, DJ, MINICLUB,
SPORTS, SPA, WELLNESS..**

Coming Soon...



**Alternative Internships
placements**



PPRR and Social Relations.



Marketing and Social Media



Healthcare



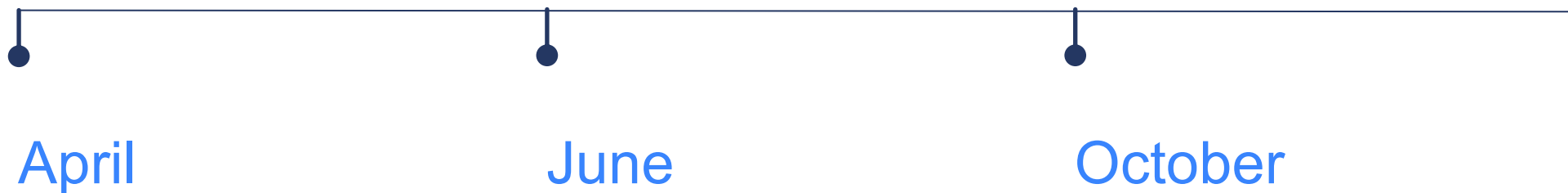
Periods available

3 months: June to September

5 months, May to October

4 months: May to September

6 months: April to October



 Ask us about the **whole year projects** available!!!



Requirements

Step 1

To be enrolled to the current academic year school program

Step 2

Approval by the University/School required

Step 3

Have reached the age of majority (18 y.o.) at the arrival

Step 4

Minimum A2 English.

Step 5

Motivation in personal growth

Step 6

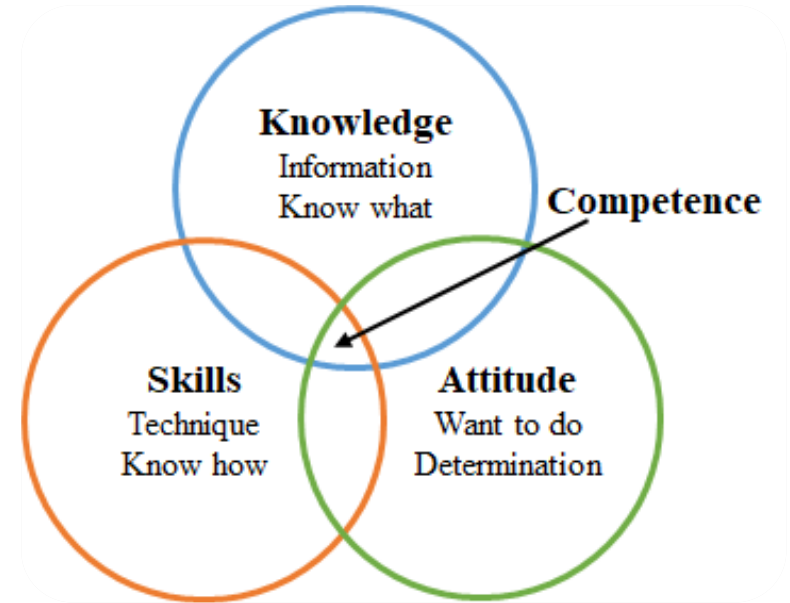
Send us the cv and motivation letter to:



iPractice@itembs.com



Competences you'll acquire





**Life is a
journey,
not a
competition.**

and our team will
take care to make
this journey the best
it can be



Contact Us



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