



# IPRACTICE

Internships & Management  
by **ITEM**  
BUSINESS SOLUTIONS

Flexibility to meet all your business or institution's needs.



[www.ipracticernships.com](http://www.ipracticernships.com)



# iPRACTICE

by **ITEM**  
BUSINESS SOLUTIONS

**i**            **INTERNSHIPS**

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**T**            **TEACHING**

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**E**            **EVENTS**

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**M**            **MENTORING**

[www.ipracticeinternships.com](http://www.ipracticeinternships.com)

# ABOUT US

Born in 2015 with our iPractice Costa Brava brand, specialized in the management of internships in TOURISM & HoReCa in hotels and tourist complexes throughout the Costa Brava area.

2020 we adapt our name to iPractice Internships, inside the NEW BRAND ITEM Business solutions

As ITEM we also provide services in **Event Management, Teaching and Mentoring**







# ABOUT US

We are born with the aim of reaching the highest level of **quality and exclusivity**.

We grow with the idea of transversality and transparency and education in **values**.

With an office in Calella, we established ourselves with the main objective of being able to give internships to students from all around the world in the amazing hotels and restaurant businesses in **Catalonia**.

Since 2022 we have been developing projects in the **Pyrenees and mallorca**



## CEO & FOUNDER JOSEP TORRENT

- A professional with more than 20 years of experience in Hospitality, Tourism, Events and HR services.
- Specialist in talent management, mentoring and education.
- Teacher and tutor in TOURISM and BUSINESS schools in Barcelona developing various educational projects.
- Participation in seminars in collaboration with European universities.
- Management and musical design for Events, Professional Speaker.

# WHAT CAN WE GIVE TO YOU?



*“We offer you a **life's grand adventure** with working holidays, where career meets experience, creating the **best time of your life**”*



# ABOUT PRACTICING...



According to the theory of expertising of **Malcom Gladwell**, one person needs 10.000h to become an expert at any field.

Our projects offer the possibility to accumulate **from 10 weeks up to 12 months ( 400 to 2000h) of practices** at reputed companies of our area under the best possible conditions and according to the Spanish labor law.

1 0 0 0 0  
H O U R S







# BECAUSE IS ALL ABOUT TRUST..



Students

+1100



Hotels & Resorts

+35



Schools

+50

# YOU PRACTICES IN AN AMAZING AREA

- COSTA BRAVA
- SALOU

**80/100 PLACEMENTS**



# BARCELONA

● +10 MILLIONS  
TOURISTS

25 HOTELS WITH US





# PYRINEES

4\* Hotels ready to give placements during winter period

 **8/10 PLACEMENTS**





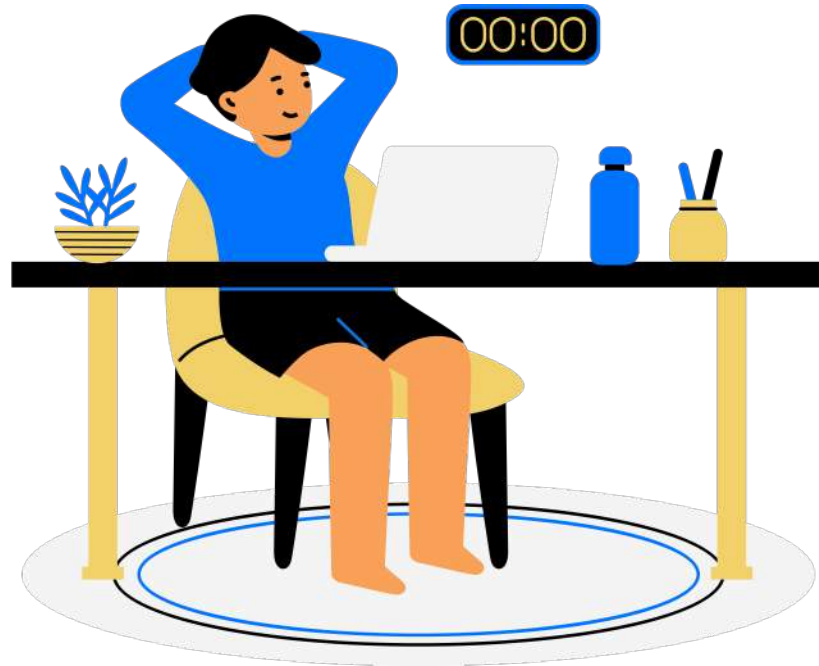


# MALLORCA



From 2024 we are excited to start a new project at a hotel-foundation in the **North of Mallorca**





# Why iPractice Internships?



**YOUR  
HAPPINESS,**

**OUR  
SATISFACTION!!**



01

Because we care and we love to do a good job.

02

Because we are specialists with more than 10 years experience

03

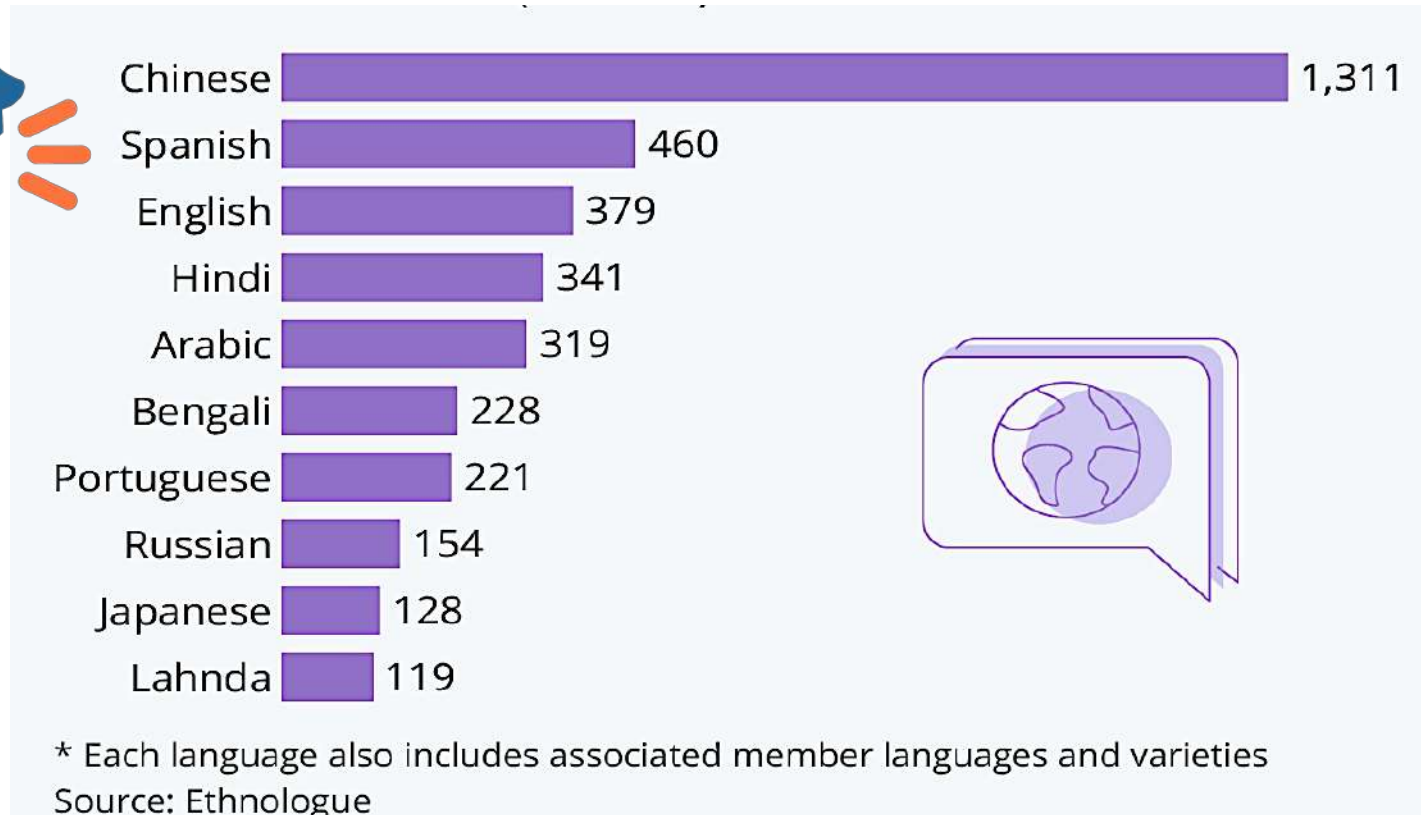
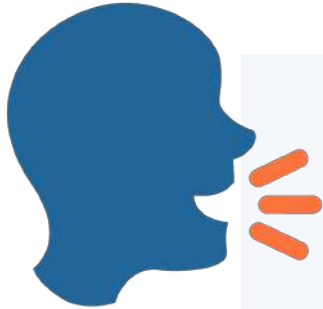
Because we know your needs and all parts protocols

04

Because we know how to handle issues and find the best solution



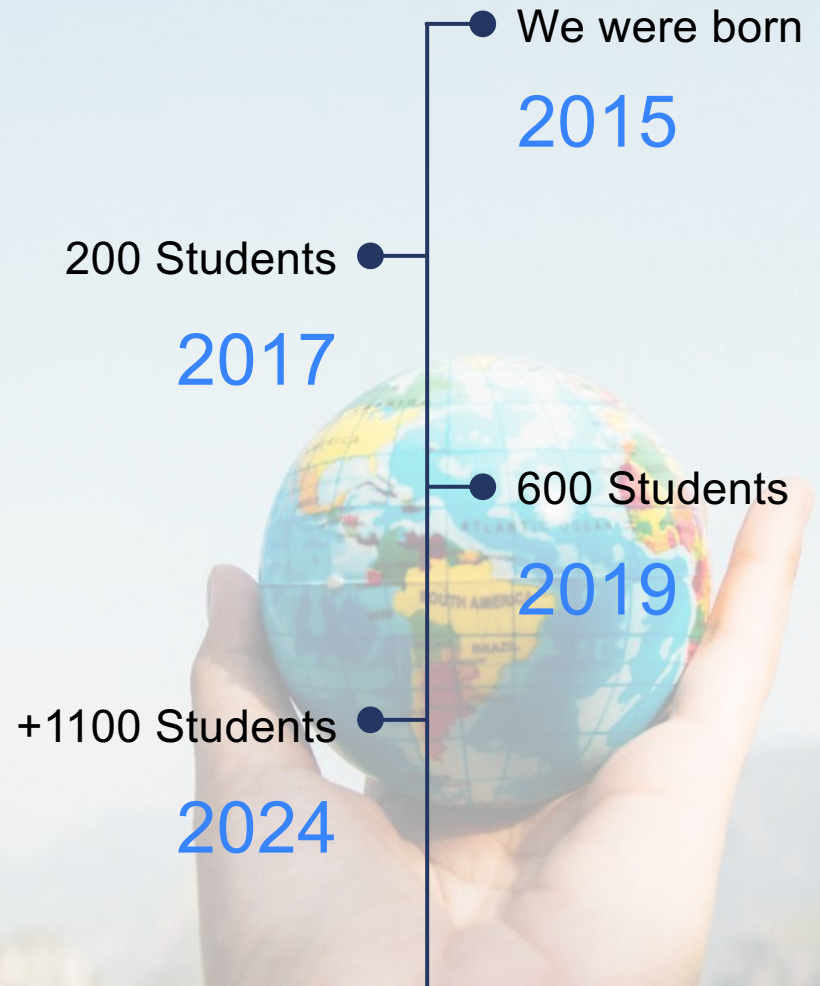
# Why iPractice Internships?



- “We strongly advise students to carefully select the **most beneficial investment** for their future growth, emphasizing that proficiency in **Spanish language** will empower them”

# INTERNATIONAL PARTNERS

- LATVIA
- ESTONIA
- LITHUANIA
- NETHERLANDS
- CZECH REPUBLIC
- ITALIA
- SLOVAKIA
- POLAND
- RUMANIA
- BULGARIA
- MARROC
- COLOMBIA
- MEXICO
- SPAIN



# SCHOOLS AND UNIVERSITIES





Co-funded by the  
Erasmus+ Programme  
of the European Union

- All hotels follow Erasmus and Erasmus + projects.
- This is an additional value to the benefits offered to you.
- We will give support with the al process.



# BENEFITS FOR THE STUDENTS

- A guaranteed place for practices for the whole signed period.
- Registration into the Spanish Social Security.
- Legal agreement
- Working shifts of 40h a week, 2 free days a week in 85% of placements.
- Pocket money from 400€ to 600 € + Bonus 3
- Free meals per day.\*
- Free accommodation.\*

*\* Not guaranteed in the city of Barcelona*





# OUR SERVICES

# FREE SERVICE PACKAGE

- Human Selection process & Managing of documents.
- Preparation of the NIE and Social security documents: **Cost of NIE: 50€** including TAX and our transportation costs.
- Welcoming at the airport and free transfer on the days and times indicated by iPractice in groups of **at least 5 persons between 9 and 21h**
- Personal introduction to the management.
- 24h availability Telephonic assistance for medical emergencies.
- SICKNESES: Accompaniment to the doctor **without transport** or Sending a doctor to your room/living place
- Phone or Whatsapp available **Monday to Friday from 10 to 19h** for not urgent matters.
- **FREE** shared transfer back to airport for groups of **at least 4 people**.

This service is FREE OF CHARGE when the student accomplish 100% the terms and period established in the agreement.

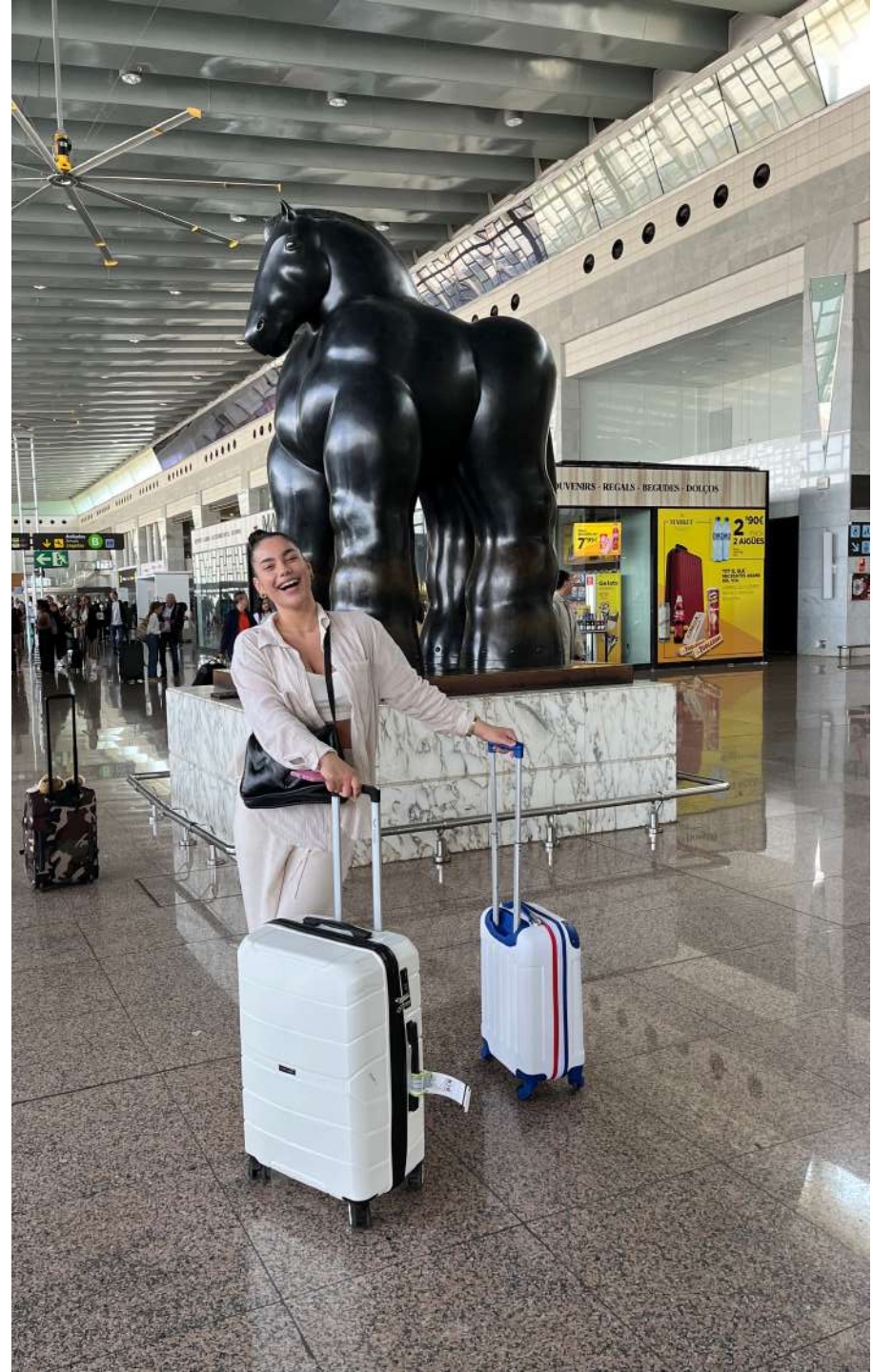




# V.I.P. SERVICE PACKAGE

- Human Selection process & Managing of documents.
- Preparation of the **NIE** and Social security number: Transport costs and taxes **INCLUDED!**
- Welcoming at the airport and free transfer any day (flights arriving **between 8h to 24h**).
- Personal introduction to the management
- At least **4 personal visits in total** during practices.
- 24h availability Telephonic assistance for medical emergencies.
- SICKNESSES: **Driving or arrangement of taxi** to the medical center or Sending a private doctor to your room/living place ( EHIC or insurance needed).
- Phone or WhatsApp **available 8 am to 23h** for non urgent matters, all days
- Personal coaching.
- **Transfer back** to airport included ( group or **individual**).
- PRICE 250€ + 21% vat

*This service DOES NOT EXCLUDE the student to accomplish the whole Project signed by all parts*





# ADDITIONAL SERVICES AVAILABLE

- Private transfers & Excursions.
- Lectures in Spanish and Catalan language
- Lectures in SOFT SKILLS: Coaching, Management, HR, Emotional intelligence, Customer Relation Management, Sales: Official Diploma given.
- Personal coaching.

*Prices would be calculated according to the number of participants*



# Departments where to "iPractice"

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Hotels & Resorts  
Restaurants  
Tourism Sector

**"Front of the house"**



FRONT OFFICE: RECEPTION –  
RESERVATIONS, MARKETING.



FOOD AND BEVERAGE:  
BARCOCKTAIL BAR , GUEST  
ATTENTION AND BUFFET-  
RESTAURANT.



ANIMATION: GENERAL  
ENTERTAINMENT, DJ,  
MINICLUB, SPORTS, PPRR.

● “Back of the House”

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Internal management,  
organization and  
cleaning departments



LAUNDRY - CLEANING  
INTERNAL ORGANIZATION  
MAINTENANCE



KITCHEN - PREPARATION  
MANTENAINCE - CATERING



HOUSEKEEPING  
MINIBAR  
ROOM DIVISION



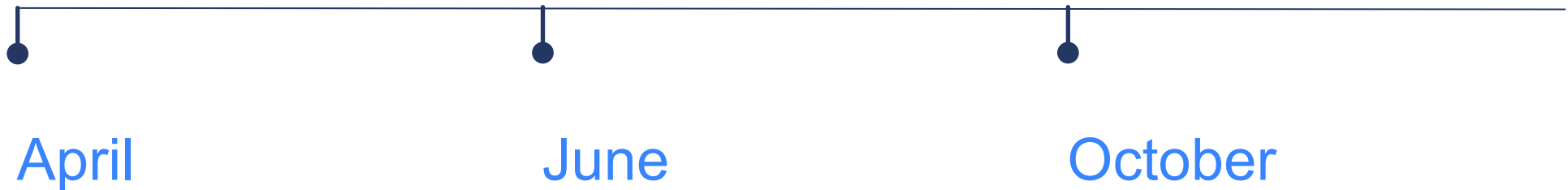
# Periods available

3 months: June to September

5 months, May to October

4 months: May to September

6 months: April to October



 Ask us about the **whole year projects** available!!!





# Requirements

## Step 1

To be enrolled to the current academic year school program

## Step 2

Approval by the University/School required

## Step 3

Have reached the age of majority (18 y.o.) at the arrival

## Step 4

Minimum A2 English.

## Step 5

Motivation in personal growth

## Step 6

Send us the cv and motivation letter to:



[iPractice@itembs.com](mailto:iPractice@itembs.com)



**TRUST US**

**and our team will  
take care to make  
this journey the best  
it can be!!**



# Contact Us



+34 722 693 292



iPractice@itembs.com

iPracticeinternships@gmail.com



[www.ipracticeinternships.com](http://www.ipracticeinternships.com)

